



FAMILIES LEARNING

Together

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National Center for Families Learning

DAY 1

Check Out Your Library

Libraries offer valuable information and exciting adventures. Visit your local library as a family and ask for a tour to discover its depth of offerings, and then take advantage of your library card and weekend with free books, music, and movies!

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DAY 4

Kid-Friendly Kitchen Restaurant

Create an imaginary restaurant with your child. Create a menu together, assign roles (host, server, chef), and discuss whom you would invite as your "customers." You could even take a trip to the grocery store to find your recipes' ingredients. This is a great activity to explain why you would make certain choices and to use lots of details when describing menu items.

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DAY 2

Bring a Book to Life

Draw pictures of your children's favorite book characters and cut them out to make puppets. Use the puppets to act out a scene together. Bringing the narrative to life through dramatic play or retelling the story helps children to better understand character development and the storytelling process.



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DAY 3

Share Your Sunday Morning Memories

Storytelling is a great way to promote literacy and build familiar bonds. Share with your children what Sunday morning was like when you were their age. What traditions did you and your family uphold? Ask your child to retell your family memories in his or her own words.

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DAY 5

Build a Word Jar

Flipping through a dictionary, write down new words and their definitions. Collect these new vocabulary words in a Word Jar. At dinner, extract new words and create sentences out loud together. If there's time, draw pictures depicting the new word to extend the learning.

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DAY 6

Interview One Another

Take turns pretending to be a newspaper reporter or detective. Ask each other important questions of "who," "what," "when," "where," and "why." Pause after each question to allow your children time to think about the question and what they want to say. Pausing to think teaches children the give and take of conversation and the importance of taking time to understand information they are receiving.

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DAY 7

Turn Friends into Pen Pals

Together, write a letter to a faraway friend or family member. Talk about what you might say or which fond memories you may share with the recipient. In addition to being a great deal of fun, writing a letter to someone faraway helps your child practice important writing and storytelling skills.

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DAY 8

Thoughtful Television Talk

Watch a TV program together as a family. Afterwards, ask your child what part he or she liked best and why. Offer your own opinions, and talk about how sitcoms were different when you were growing up. Talking about television shows can help family members understand the experiences of others and build a stronger bond.

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DAY 9

Sidewalk Stories with Chalk

Encourage your children to use chalk to write a poem or story about the weather or your neighborhood on the sidewalk. You could even suggest writing a poem about the sidewalk itself! Varying the writing medium will create excitement around the literacy experience.

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DAY 10

Create Picture Stories

Take photos or draw pictures of your child doing a favorite activity. Write a story together, using the pictures as illustrations. Picture books help children develop critical thinking skills as their brains take in the picture and the text and make connections between the two.

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DAY 11

Family Fairytale Fun

Start a story together as a family. One person starts the story and tells one to three sentences. Then the next person takes over and adds the next one to three sentences. See how everyone weaves their own interests and imagination into the plot.

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DAY 12

Around the World

Find a newspaper article or book about someone who lives in a different part of the U.S. or world. Research and discuss as a family how that person's everyday reality may differ because of where they were born. What do they wear? What do they eat? What games do they play? Learning to understand and respect cultural differences is important in our global and ever-growing diverse world.

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DAY 13

Fun with Family History

Did Grandpa fight in a World War? Was your grandma born in a different country? Write a story together about an important event in your family's history. Illustrate the story and fasten it together into a book for the family library. Knowing where you came from is important to gaining a strong sense of identity.

[CLICK HERE FOR MORE](#)

DAY 14

Listen to Your Children's Stories

Ask your child to tell you a favorite story. It can be a new story or an old one with new twists and characters. Write down what your child says. Read it back to your child. Save the story to read it again. Let your child's imagination inspire you to come up with your own adult stories to write down and later share.

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DAY 15

Wake up, Word Up: Letter of the Day

Over breakfast, work together to choose a letter of the day. Everyone looks for objects that begin with that letter during the day. You may see this letter everywhere! Or, you may only notice it in a few places. Talk about all the things your family observed that day, and marvel at the world around you.

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DAY 16

Gratitude Posters

Our days get busy, and sometimes we forget to say "thank you" to the people who make our lives so very special. Make a list in words and/or pictures of three great things you like about each person in your family. Hang your lists up for everyone to see (this also works great in classrooms).

[CLICK HERE FOR MORE](#)

DAY 17

Family Stretches

Unwind together as a family before bedtime, and try out a few beginner yoga poses or deep stretching. Spending time relaxing together can be just as important as staying active.

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DAY 18

Shape Up with Dinner Geometry

Shapes are everywhere, even on your dinner plate. Look at your dinner table and name all the shapes you see as a way to practice recognizing shapes. See who can find the most!

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DAY 19

Who's Important To You?

Tell or write a story about an adult who is or was important in your life. Ask your child to do the same. Share your stories out loud, and see if you can think of all the important people who make up your life.

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DAY 20

Tasty Togetherness



Take your taste buds on an adventure and try different foods from all over the world. Keep a journal of what you're trying. Note how the food tastes (salty, sweet, sour, etc.). What did you like about it? Did it remind you of another food? How would you describe it to your friends? Learning to eat different foods is not only healthy, but can be fun for the whole family.

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DAY 21

Head in the Clouds

Take the time to stare at the clouds and see if there are any interesting shapes in the sky. Wonder what it would be like to fly. Where would you go? What would you do? Imagine the possibilities with your child

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DAY 22

Mystery Dinner Guests

Before dinner, have everyone choose a famous person from history and research the person's life. While eating, take turns asking each other questions to learn more about the other "famous people" at the table. Try to guess each other's identity!

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DAY 23

Flashlight Stories

Pretend you're camping and there's no electricity for a reading light. Instead, read by flashlight! Take turns reading to experience how different it is to read in the dark. Talk about what it would be like to go back in time and read without electricity. You could even go to the library and pick out a story about the discovery of electricity!

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DAY 24

Get Cooking



Bring math into the kitchen and include the whole family when preparing a recipe. Practice measuring out ingredients using different sizes of measuring cups. How many scoops does it take to make 1 cup? How many cups? How would you prepare the recipe for 24 guests? You don't need to be a professional chef to share the joys of cooking and learning with your friends and family members.

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DAY 25

School Days

Share stories about what your school days were like and compare your experience with everyone in your family. We think you'll find the learning process and in-school gadgets have changed quite a bit over the years. Together make a list of the top five things you love about school and why learning will always be important.

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DAY 26

What a Gem

When is your birthday? What is your birthstone? Look up where the gemstone comes from and learn about its special powers! Do you like your birth gem's special powers? Which stone is your favorite?



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DAY 27

Dreamland

What's the craziest dream you've ever had? Sit down with your family members and talk about dreams. Which dreams can you remember? What's the funniest dream you've ever had? The scariest? As a family, have everyone keep a dream journal and compare notes. And, if you have a pet, you can even imagine what he or she dreams about!

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DAY 28

Over the Moon

Take the time to observe the night sky together. Notice the moon and how it changes size (and even color) from day to day, or map out a constellation or cluster of stars on aluminum foil by poking holes with a tooth pick. Inside, put a light behind the aluminum sheet to make your own night sky.

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DAY 29

Mary Had a Little Rhyme

Learn a popular lullaby from another culture, or recite nursery rhymes you know by heart. Encourage your toddler to sing them with you. You can even change around the words to make the songs about your family! Nursery rhymes are important to the process of learning early language skills.

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DAY 30

Imagination Vacation

Imagine that you were going on vacation today, instead of school or work. Where would you go? How long would you stay? What is the weather like and what will you do? More importantly, what should you pack? This is a great way to practice giving descriptions and thinking about important information, like weather and things to do.

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